



THE CUTTING EDGE: UNDERSTANDING AND ADDRESSING NON-SUICIDAL SELF-INJURY IN YOUTH

Self-injury is intentionally hurting the body (e.g. cutting, burning etc.) but without suicidal intent. Because it often looks like a suicidal gesture it tends to evoke fear and confusion. Its very nature seems to defy deep instinctual human drives for self-preservation as well strong social taboos related to self-inflicted injury. It is, after all, quite puzzling. Why would someone choose to cut up or otherwise hurt his/her body? Why would they do this in way that looks like a suicide attempt but then insist that it actually has nothing to do with suicide at all? How do we understand this, let alone effectively respond to it?



OCTOBER 13 AND 15, 2021*

***REGISTRANTS MUST ATTEND BOTH DAYS**



10.00 AM - 2.00 PM



VIRTUAL TRAINING

This program is sponsored by Ardent Solutions, Inc., in partnership with the Allegany County Suicide Prevention Coalition and Trauma-Informed Community Throughout Allegany County

To Register click on the following link: [The Cutting Edge: Understanding and Addressing Non-Suicidal Self-Injury in Youth](#)

Target Audience

This training is intended for professionals including:

- Social Workers
- Guidance Counselors
- Case Managers and Advocates
- Nurses and Health Care Workers
- Youth-Serving Organizations
- Mental Health Clinicians
- Faith-Based Leaders
- Emergency Personnel
- Health & Human Service Agencies
- College and University Personnel
- Community-Based Organizations

Learning Objectives

As a result of attending, participants will be able to:

- Identify the developmental and contextual factors contributing to development, maintenance, and ending of non-suicidal self-injury
- Identify key features of self-injury epidemiology, function, and recovery
- Describe vectors for contagion and spread
- Understand core principles and practices in effective self-injury detection and intervention
- Discuss implications of the above for development of protocols and intervention strategies
- Locate and use self-injury resources (articles, books, websites)

Bio

Janis Whitlock is a Research Scientist in the Bronfenbrenner Center for Translational Research at Cornell University. She is the founder and director of the Cornell Research Program on Self-Injury and Recovery. Her research is dedicated to linking science with efforts to support and enhance the lives of youth, especially in the areas of social and emotional health and well-being. In addition to conducting research in these areas, she is dedicated to making research accessible and useful to those best positioned to make a direct difference in the lives of youth, such as parents and youth-serving professionals.



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