

## Allegany County Suicide Prevention Coalition Meeting Minutes

**Date:** Thursday, July 1, 2021

**Location:** Zoom

**Time:** 2:30 – 3:30pm

**Mission:** We are committed to embracing life by being a resource for suicide prevention, intervention and postvention

**Vision:** All people know they are valued and therefore are empowered to live.

**Core Belief:** We believe all people have inherent value, deserve respect, and have purpose.

- I. **Attendees:** Danielle Kielar, Irene Dieteman, Jen Haggerty, Jo Dickens, Patty Amidon, Teresa McMahon
- II. **Agenda and Action items:**

Agenda Item	Talking Point	Action
<p><b>New Business</b></p>	<ul style="list-style-type: none"> <li>• Northern Lights Suicide Prevention Candle Promotion</li> </ul>	<ul style="list-style-type: none"> <li>• Close to a year ago, Northern Lights approached Ardent Solutions with the intent of furthering their support of suicide prevention and desire to promote community wellness. That intent and desire have manifested themselves into a set of 4 unique candles! Northern Lights and Ardent Solutions worked together to develop safe messaging to go with each candle design and a delightful fragrance to match.</li> <li>• \$2 of each candle’s purchase will be donated to the Allegany County Suicide Prevention Coalition</li> <li>• All 4 candles can be viewed here: <a href="https://northernlightscandles.com/collections/together">https://northernlightscandles.com/collections/together</a></li> <li>• The candles are available at wholesale and retail. We are working on an outreach plan to promote the candles locally.</li> </ul>
	<ul style="list-style-type: none"> <li>• Revitalizing Postvention Team</li> </ul>	<ul style="list-style-type: none"> <li>• <b>What is Postvention?</b> It is an organized response in the aftermath of a suicide to accomplish any one of the following:               <ul style="list-style-type: none"> <li>○ To facilitate the healing of individuals from the grief and distress of suicide loss</li> </ul> </li> </ul>

		<ul style="list-style-type: none"> <li>○ To mitigate other negative effects of exposure to suicide</li> <li>○ To prevent suicide among people who are at high risk after exposure to suicide</li> <li>• Anyone from any sector/agency (law enforcement, school, community member) can participate in postvention. Individual responsibilities of a postvention team member may vary slightly based on a few things including the existing role(s) you play within your agency or the community at large, your training, comfort level, personal situations, and other factors.</li> <li>• <b>Key items</b> <ul style="list-style-type: none"> <li>○ JS will reach out to coalition members who took the <i>Pillars of Postvention</i> training last summer and past Postvention team members.</li> <li>○ JS will reach out to past Postvention team members</li> </ul> </li> </ul>
	<ul style="list-style-type: none"> <li>• Ad-hoc Committee for Suicide Prevention Awareness Month in September</li> </ul>	<ul style="list-style-type: none"> <li>• September is Suicide Awareness Prevention Month. All month, mental health advocates, prevention organizations, survivors, allies, and community members unite to promote suicide prevention awareness.</li> <li>• The ad-hoc committee would meet virtually at least twice, once in mid-July, and again in August.</li> <li>• If you want to join the Suicide Prevention Awareness Month as-hoc committee, please let Jose know no later than <b>end of day, Friday, July 9<sup>th</sup></b>.</li> </ul>
	<ul style="list-style-type: none"> <li>• RAM Clinic coming to Belmont, NY on October 9<sup>th</sup> and October 10<sup>th</sup></li> </ul>	<ul style="list-style-type: none"> <li>• Remote Area Medical- RAM®—a major nonprofit provider of pop-up clinics delivering free, quality, dental, vision and medical care to underserved and uninsured individuals—is</li> <li>• To fulfill its goal of treating 400-500 area-wide patients, RAM is searching for NYS licensed dental, vision, and medical professionals to volunteer their time.</li> <li>• General volunteers are also needed starting October 8<sup>th</sup> for event set-up and through October 10<sup>th</sup>. Please see the</li> </ul>

		attached documents for more information on becoming a volunteer or go to <a href="https://www.ramusa.org/">https://www.ramusa.org/</a> . If you have additional questions, do not hesitate to reach out to Anne Campbell, Wellness Director at Genesee Valley Central School, at <a href="mailto:acampbell@genvalley.org">acampbell@genvalley.org</a> or 585-268-7933.
<b>Messaging and Awareness</b>	<ul style="list-style-type: none"> <li>• Newsletter</li> <li>• September- National Suicide Prevention Month <ul style="list-style-type: none"> <li>○ National Suicide Prevention Week is September 5 – 11</li> <li>○ World Suicide Prevention Day is September 10</li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li>• Summer and Fall releases. If you want to contribute an article or upcoming events, please email them to <a href="mailto:sotoj@ardentnetwork.org">sotoj@ardentnetwork.org</a>.</li> <li>• Creating an ad-hoc committee to collaboratively plan for Suicide Prevention awareness month</li> </ul>
<b>Programs and Events</b>	<ul style="list-style-type: none"> <li>• Youth Mental Health First Aid Trainings April 16<sup>th</sup> &amp; May 15<sup>th</sup></li> <li>• ASIST &amp; Safe Talk might be available starting September</li> <li>• Forward any events where your agency is hosting</li> </ul>	<ul style="list-style-type: none"> <li>• 9 individuals were trained and certified on April 16<sup>th</sup> and 6 individuals were trained and certified on May 15<sup>th</sup></li> <li>• Will plan 2 more trainings this Fall</li> <li>• New York State employees are under Covid restrictions and remain unable to provide ASIST and SafeTALK trainings. These trainings are required to be in-person and NYS has not opened that back up yet. Tentatively planned to resume in September. An ASIST will be planned for the Fall when NYS gives the green light.</li> <li>• N/A</li> </ul>
<b>Suicide Response and Postvention</b>	<ul style="list-style-type: none"> <li>• Update Postvention packets <ul style="list-style-type: none"> <li>• Explore conversion to electronic</li> <li>• Review content</li> <li>• Check with AFSP</li> <li>• Update locations with postvention packets</li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li>• JS continues to review postvention packet materials and conversion to electronic postvention toolkit.</li> </ul>

<b>Round table reports</b>	<ul style="list-style-type: none"><li>• Danielle Kielar, Kinship Caregiver Program – Nature Walk on 7/7, Renting out a theatre and playing a movie for families for free, providing caregivers 2 hours to themselves.</li><li>• Jen Haggerty, Bath VA – Suicide Prevention 2.0 program posted a position for a Community Engagement Specialist. Looking for social workers with a LCSW. Seeking representation for community outreach event in September and will be looking for someone from Allegany County to participate. This is pending final approval from the VA.</li><li>• Patty Amidon, Cornell Cooperative Extension – A lot of great events happening with 4-H, agriculture, and others. Visit our events calendar for all the details <a href="http://allegany.cce.cornell.edu/">http://allegany.cce.cornell.edu/</a></li><li>• Teresa McMahon, NY Farm Net – Recently attended several suicide prevention trainings on building resiliency and protective factors, internal family systems, and will be getting certified in EMDR for complex trauma. Helping write curriculum for clinicians to work with first responders. Part of thinktank group to bridge streamlined veteran suicide prevention services. Also doing a lot of work around stress management and stress reduction with farmers and at the Alfred state police academy.</li></ul>
<p><b>The next full Coalition meeting will take place remotely on September 2<sup>nd</sup>, 2021, from 2:30 – 3:30pm.</b></p> <p><b>“See” you there!</b></p>	