

Allegany County Community Partnership on Aging Meeting Minutes

Date: Tuesday, July 24, 2018

Time: 9:00am – 11:00am.

Location: Allegany Rehabilitation Associates

Bolivar Road, Wellsville, New York

Minutes Prepared by: Mike Freeland

Members Present: Melissa Biddle (Ardent Solutions), Madeleine Gasdik (ACOFA), Cherrie Macafee (JMH), Theresa Moore (ACDOH), Gwendolyn Cooper (Ardent Solutions), Brenda Robarts (Humana Care Manager) Danielle DeLong (Eden Heights of Olean), David Livingston (Home Care and Hospice), Mike Freeland (DIL-NY Connects), Katie Keith Badeau (Alzheimer's Association of WNY), Irene Dieteman (ACOFA- NY Connects), Audrey Fitch (iCircle/Primecare), Sharon Houghtling (Ardent Solutions), David Merriam (St. James Hospital), Alicia Hubbard (Maple City Music Therapy), Kenneth Genewick (Health Foundation for Western and Central NY), Lynn Oyer (ACOFA), Joann McAndrew (Total Senior Care), Casey Jones (Transformation Initiative - Hope Center), Kathy Bower (Houghton Rehab and Nursing Center), Lynnae Loring (ACDSS).

Next meeting(s): September 25th, 2018 from 9:00 to 10:30 am at Allegany Rehabilitation Associates, Bolivar Rd. Wellsville, NY

I. Call to Order - Melissa called order at 9am for the group. She provided an overview for the group on the activities of the last CPA. She noted that during the last meeting Theresa Moore, Supervising Public Health Educator with ACDOH provided some insight to the process of “Providing Feedback on the NYS Prevention Agenda for 2019-2014: Becoming the Healthiest State for People of All Ages.” (a copy of this will be provided with the meeting minutes again).

II. Welcome and Introductions

III. Presentation:

Theresa Moore summarized for the group the last meeting and the highlights of the NYS prevention Agenda for 2019-2024. She noted that a Community Health Improvement Plan was created; Allegany County Department of Health, Cuba Memorial Hospital and Jones Memorial Hospital submitted their plans together as they are able to submit jointly. The priority areas that they choose to address with their Community Health Improvement Plan were chronic disease and mental health/prevention of substance abuse.

These things are further elaborated on in the “New York State 2016 Community Health Assessment/Community Health Improvement Plan/Community Services Program” along with how each of these thing will be address (this document will be included/attached in the meeting minutes). Theresa reviewed the document with the members of CPA and provide insight on its different parts.

She noted that each of the topics that were discussed by a core work group which include: Allegany County Department of Health, Jones Memorial Hospital, and Ardent Solutions, Inc. Then later on 11/6/2018 by key stake holders which include: Allegany County Youth Bureau/STOP DWI program; Allegany County ARA; ACCORD Corporation Inc.; Tobacco Free Chautauqua, Cattaraugus, Allegany; Allegany County Sheriff's Office; Venture Forthe; Allegany County Community Services; and the Allegany County Department of Social Services. They helped find things that would guide the Collaborative Health Improvement Plans and how the Agenda for the coming five years that would be utilized.

The key stakeholders reviewed the data that was available (attached document) and did a prioritizing exercise to determine what were the highest priorities and identify the top two that the group saw to address. The Core work group now will utilize a SWOT analysis (to look at the strengths, weaknesses, opportunities, threats). Theresa noted that the Data and Reports are available on the NY Health Dept. website: <https://www.health.ny.gov/statistics/>

For more information on their findings, please see the attached document: “New York State 2016 Community Health Assessment/Community Health Improvement Plan/Community Services Program”

Theresa noted lastly that they were looking to have a community survey that will be provided online and paper. She noted that the 8 counties of WNY were looking for information so that each have common questions so that they could be comparable between the varying counties. Agencies and Organizations will be providing this information and they will have different key stakeholders and groups to be able to provide priority information for the survey.

IV. Reports:

Aging Mastery Program- Madeleine noted that the program application is being submitted for NCOA. They are gaining local speakers that could speak on the varying topics that AMP covers. Some speakers have been gained, but any available organization or professionals that are interested could enquire by calling ACOFA.

Alzheimer’s Association and ACOFA - Consultation assistance goals have gone very well and so has retention at the Belmont support group. Lynn noted that she is still looking for people that need assistance with respite. Katie noted that there is an available phone group that they connect people if they have travel or time constraints. It is based in PA, but assists any one that would like to utilize it and could be available to Allegany county resident (WNY Alzheimer’s does not have an available telephone group at this point).

Bridges- Subcommittee update.

Lynnae provided an overview of Bridges for the group as many in attendance had not attended CPA during the last meeting. She described the work group and how it has been utilized to address goals and needs that CPA has determined. The main goal of Bridges now is communication: increasing and improving communication within the organization members of CPA and the public/people that are served.

Lynnae reviewed the work-plan that Bridges had created and the group discussed that we will be contacting a local college to see if for a project a class could help to create a logo for CPA so that it could be used to help gain greater community awareness.

**CPA will be held bi-monthly and the next meeting will be September 25th
“Bridges” will take place each month, the next will be August 21st.**

Round robin.

Jones Memorial Hospital. Cherrie Macafee: - She noted that a case manager retired at the Hospital – Moe Johnson and wanted the group to be aware as now they have the intent of having a case manager in the emergency room. She noted that their FLIP initiative to have a mental health provider in the hospital has gone very well. She noted that Tracy Dubois has been a very helpful addition to their team.

Health Foundation for Western and Central NY – Ken Genewick- He noted that he helps to find and develop programs and foundations in WNY. He noted that they are a quasi-merger health care organization and they can

help children 0-5, older adults, and aid communities in meeting the health needs of the vulnerable. Particularly relevant to CPA he noted that he provided policy brief for identifying interventions to address triggers of decline in vulnerable older adults.

ACOFA-Madeliene Gasdik– provided an update for the group that New Medicare card distribution has been delayed about a month. New York residents that have Medicare are about to start receiving their new cards in the near future and this can be expected by organizations that work with Medicare. She noted that Otis Eastern offers a program for yard clean up and house work in the area near Wellsville she encouraged a call to enquire, but noted that the program schedules in advance with an end date of 8/18/2018. Lastly she noted that OFA is gearing up to writer up their four-year plan and encouraged that if anyone has input that they would like to call 585-268-9390.

Maple City Music Therapy – Alicia Hubbard – She provided an overview of music therapy for the group. She is trying to expand more into Allegany county as she currently covers the Stueben county area. She currently provides service to individuals and groups.

St. James Hospital- David Merriam - provided an overview of the breast and prostate cancer awareness program through St. James. He noted that their goal is to try to increase connections within the community and serve Allegany county. He was chosen to assist in Allegany county in particular.

Accord Corp. - Theresa Carl. – She provide additional information on their Community Mobile Food Pantry and encourage it to be provided to client that could utilize it.

ACOFA- NY Connects - Irene Dieteman – She noted that Clean and Tune and HEAP Cooling are still available and clients are able to apply by calling DSS or the Office for the Aging.

Alzheimer’s Association - Katie Keith Badeau- She noted that on September 29 the walk to end Alzheimer’s for this year is Allegany Fireman’s park in Allegany, NY.

- Kathy Bower. She noted that the walk got renamed the Southern Tier Walk to end Alzheimer’s.

ACOFA – Lynn Oyer – provided a new scheduled of Allegany County Alzheimer’s and Dementia Education programs, Community Social Programs, and Caregiver Support Groups. (This will be attached). Also available is a booklet provided by the WNY Chapter of the Alzheimer’s Association on all available Community Programs and Services in Western New York from July – Sept. 2018. – please call: 800-272-3900 or 585-268-9390 to request this booklet.

DIL- NY Connects - Mike Freeland - Noted that DIL has a full time staff member at their Allegany County Wellsville location Nancy Kehl that is a HUNY worker.

ACDOH - Theresa Moore – Noted that they offer periodic clinics to the public including free rabies clinics for pets. She noted that to enquire about this information people can reach them at 585-268-9250.

Ardent Solutions – Melissa Biddle - She noted that the next Allegany County Wellness Committee meeting is on September 12th at 9pm. She noted that they are offering several upcoming trainings and programs including: Growing Stronger, CPR and first aid, Drive Well, Walk with Ease, and Car Fit.

Provided were program flyers for their:

- Peer Leader program for Chronic Disease Self-Management Program: 8/14 through 8/17 and Chronic Pain Self-Management Program: 8/21 through 8/22.
- Allegany County Suicide Prevention Awareness Walk: 9/6.

Transformation Initiative - Hope Center -Casey Jones- He noted that they have a new facility at 4194 Bolivar Rd. Wellsville, NY. 14895. This location will offer literacy assistance for children and adults, offer information and

referral, a Christian lending library, and offer ongoing program development. He noted that an article is available by the Wellsville Daily Reporter: <http://www.wellsvilledaily.com/news/20180623/strongnew-hope-center-aims-to-bring-help-hope-healingstrong> Casey also provided an overview of Celebrate Recovery and noted that it is offered at:

- Allegany County Jail for inmates at 7pm on Tuesdays
- Yorks Corners Mennonite Church. Wellsville, NY. 7pm on Thursdays
- Knights Creek EM Church. Scio, NY. 7pm on Saturdays

Attached with the meeting minutes will be all program flyers or notices that were presented there.

V: Next meeting(s): September, 25th from 9am to 10:30 at the Allegany Rehabilitation Associates. Bolivar Rd. Wellsville, NY.

VI: Adjournment:
Meetings adjourned at 11:00 am.