## **Allegany County Community Partnership on Aging Meeting Minutes**

**Date:** Tuesday, September 25, 2018 **Location:** Allegany Rehabilitation Associates **Time:** 9:00am – 11:00am.

Bolivar Road, Wellsville, New York

Minutes Prepared by: Mike Freeland

Members Present: Melissa Biddle (Ardent Solutions), Cherrie Macafee (JMH), David Livingston (Home Care and Hospice), Mike Freeland (DIL- NY Connects), Katie Keith Badeau (Alzheimer's Association of WNY), Irene Dieteman (ACOFA- NY Connects), Audrey Fitch (iCircle/Primecare), Lynn Oyer (ACOFA), Joann McAndrew (Total Senior Care), Kathy Bower (Houghton Rehab and Nursing Center), Lynnae Loring (ACDSS), Susan Bull (Allegany County United Way), Yvonne Morris (JMH), Doreen Chaffee (JMH), Sara Rockwell-Smith (AIM CIL), Kelly Dickerson (ARA), Marty Harrison (Venture Forthe), Anita Mattison (ACOFA).

# Next meeting(s): November 27th, 2018 from 9:00 to 10:30 am at Allegany Rehabilitation Associates, Bolivar Rd. Wellsville, NY

- **I.** Call to Order Melissa called to order at 9am for the group. The meeting minutes from July were distributed to the group. The group asked for a vote and Katie Keith Badeau and Cherrie Macafee voted to approve the meeting minutes for dissemination online: ( <a href="http://www.ardentnetwork.org/community-partnership-on-aging.html">http://www.ardentnetwork.org/community-partnership-on-aging.html</a>) and in email to CPA members.
  - Melissa discussed with the group that Patty Amidon Allegany County Suicide Prevention Coalition Coordinator from Ardent Solutions was there and would be speaking/presenting on Older Adults and Suicide Prevention (a presentation from the Allegany County Suicide Prevention Coalition).

#### II. Welcome and Introductions

#### **III.** Presentation:

Patty Amidon initially addressed the group openly before the presentation and asked about any thoughts or feelings that anyone had on suicide before starting the presentation. The group discussed different social, religious, professional, and personal thoughts they had on the subject of suicide. Also was discussed about suicide were: who is most at risk, when it is most likely to occur, and what frame of mind a person would be in when considering or a bias when thinking about suicide.

Patty provided a presentation for the group on "Older Adults and Suicide Prevention"; she is a member of the Allegany County Suicide Prevention Coalition. A copy of this presentation will be provided along with the meeting minutes in Power Point.

The group discussed the presentation afterward and the available education workshops for more information: Talk Saves Lives, Safe TALK, and ASIST (A flyer for this is included within the presentation). These could be utilized by professionals and others as well. A flyer for the available Suicide Bereavement Support Group meetings was provided as well.

### **IV.** Reports:

Melissa called Anita Mattison who could not be physically present for CPA because of required trainings taking place in Albany, but wanted to provided and update. Anita noted that in regards to NY connects and BIP funding that there have been more specific guidelines created that will be required. She noted that Community Partnership Aging and Long Term Care Council needs to be separate and distinct. Guidelines for this will be provided shortly when available. She noted that LTCC will be a subset of CPA; LTCC will for example include meeting 3 times a year, identify services and supports, gaps in assistance, and identify duplication of efforts. Members of LTCC will be required to attend from certain agencies, where before they were just suggested to attend.

- LTCC will be set by the deliverables/guidelines for the group that are required. CPA on the alternate months will be more an opportunity for in-services and to network with other organizations.

Alzheimer's Association and ACOFA: Lynn noted that she has availability within her program for assistance with PERS (the in-home variant/restricted to distance and GPS type that could be used anywhere).

- She noted that respite has been much greater utilized than prior. She noted that respite referrals increased greatly and she was able to use a greater portion of her funding serving the following individuals:

2 at Total Senior Care13 gaining in-home respite2 gaining CDPAS through AIM CIL1 with Nursing Home respite care

Lynn noted that she was struggling to gain referrals and use available funds at one point, but now has an abundance and may need to defer to other options. She noted that she would provide an update to the group if she is able to assist further and to what extent.

#### Round robin.

Houghton Rehab and Nursing- Kathy Bower noted that the Walk to end Alzheimer's is scheduled for 9/29 at the Fireman's park in Allegany NY.

ACOFA – Lynn Oyer noted that she had no other updates or information to provide.

Allegany County United Way- Sue Bull- introduced herself to the group.

Jones Memorial Hospital – Yvonne Morris- introduced herself to the group.

ACOFA NY-Connects—Irene Dieteman - Provided an update on HEAP program and eligibility changes. She also provided a sheet that has the dates of HEAP's individual programs. (these will be included with the meeting minutes)

Total Senior Care - Dave Livingston - Noted that they have created an Easy Referral form for Hospice and he will provide this for the group. (will be included to CPA member and provided with meeting minutes if available)

AIM CIL - Sara Rockwell-Smith - She introduced herself and explained the Consumer Directed Personal Assistant Service program to the group and provided a distributable card (included with meeting minutes). She noted that this program could be used with Medicaid and Private Pay to provide care at home.

Alzheimer's Association - Katie Keith. she reiterated what was discussed prior by Lynn about available assistance and services. She discussed also the Walk to end Alzheimer's and encouraged anyone interested. She noted that they have some grant funds to provide respite may be accessed by contacting Alzheimer's Association and noted that she would discuss this with Lynn to assist with any additional needs. She also discussed the Wellsville and Belmont support groups available.

Allegany Rehabilitation Associates – She discussed the crisis hotline that ARA helps operate 888-448-3367. She noted that they get 1500 calls a year for assistance. The line is operated and offered 24hrs a day. She noted that people utilizing this could be seeking reassurance or needing emergency services as it helps with a wide breadth of concerns.

Venture Forthe - Marty Harrison. Noted discussed some of the programs that she could assist in facilitating through Venture Forthe for CDPAS and Medicaid waiver for assistance.

Directions in Independent Living –NY-Connects - Mike F. reiterated DIL has full time staff HHUNY at their Wellsville location.

- Provided flyers for Aging Mastery Program and Insurance Forum.

Jones Memorial Hospital – Cherrie Macafee - They discussed that their "Ridge Walk and Run" is set to take place on Sunday October 21<sup>st</sup>. She encouraged anyone interested to check out their website: <a href="http://www.ridgewalk.com/">http://www.ridgewalk.com/</a>

Total Senior Care – Joann McAndrews – She noted that PACE month is taking place. They will be holding a Gala for the clients that they serve during this time.

ACDSS - Lynnae Loring had no additional updates or information for the group.

Ardent Solutions - Melissa Biddle provided information on available programs, class, and events.

- Agency Exchange (formerly Council of Agencies). 10/23 register by 10/16.
- CPR/AED/Basic First Aid Training
- Matter of Balance.

Melissa noted that Ardent Solutions has a new position that is provided through DISRP funds of Community Health Navigator. Katrina Sisitki has taken this position and will be based out of Jones Memorial Hospital.

Attached with the meeting minutes will be all program flyers or notices that were presented there.

**V**: <u>Next meeting(s)</u>: November, 27<sup>th</sup> from 9am to 10:30 at the Allegany Rehabilitation Associates. Bolivar Rd. Wellsville, NY.

VI: Adjournment:

Meetings adjourned at 11:00 am.