Allegany County Community Partnership on Aging Meeting Minutes

Date: Tuesday, May 22, 2018 **Location:** Allegany Rehabilitation Associates

Bolivar Road, Wellsville, New York

Minutes Prepared by: Mike Freeland

Members Present: Theresa Moore (ACDOH), Erica Blake (ACOFA), Sarah Luckey (ACOFA), Lynn Oyer (ACOFA), Mike Freeland (Directions in Independent Living), Katie Badeau (Alzheimer's Association of WNY), Lynnae Loring (ACDSS), Jose Soto (Ardent Solutions, Inc.), Melissa Biddle (Ardent Solutions, Inc.), Danielle Gagne (Alfred University), Sharon Houghtling (Ardent Solutions), Kelly Dickerson (ARA), Joann McAndrew (Total Senior Care), Marty Harrison (Venture Forthe), Theresa Carl (Accord Corporation), Ashleigh Cline (ARA).

Next meeting(s): July 24th, 2018 from 9:00 to 10:30 am at Allegany Rehabilitation Associates, Bolivar Rd. Wellsville, NY

The group decided CPA will be held every other month and bridges will be every month. This will take effect after May's CPA (the next CPA meeting after this would be July). See below in red for more information.

I. Call to Order - Melissa at 9am called to order the group. She noted that the meeting would be different than some of the others. She reiterated for the group that the meeting would be helping to complete and submit a survey on the behalf of CPA members for the Long Term Care Planning Council for New York State to Inform Prevention Agenda 2019 – 2024. Melissa introduced Theresa Moore from Allegany County Department of Health to the group and noted that she would help review and provide insight on a presentation from New York State Department of Health: "Providing Feedback on the NYS Prevention Agenda for 2019-2014: Becoming the Healthiest State for People of All Ages."

II. Welcome and Introductions

III. Presentation:

The group reviewed the presentation: "Providing Feedback on the NYS Prevention Agenda for 2019-2024: Becoming the Healthiest State for People of All Ages." **A copy of the PowerPoint will be attached with meeting minutes.**

The completion of the previous NYS Prevention Agenda will be in December 2018. They are seeking ideas for the approaches and additional goals to consider for the coming five years. By the end of December 2018 the NYS Prevention agenda for 2019-2024 will be created and they are seeking the input from organizations across NYS to better inform that agenda.

Moore, noted that New York State is using phone calls to survey individuals and gain data that could be applied and generalized. In this context it could apply/generalize information for the county.

They phone survey is utilized to gain health information and create health ranking for areas throughout the United States. In particular, the group discussed that instead of comparing state to state the implications of this are also that we could compare the health rankings of the individual counties within NYS.

Moore noted that there are multiple factors that are applied and considered when creating the health rankings that each county receives. This has included Behaviors, Care, Social and Economic Factors, and the Environment. Things like the number of (access to) liquor stores and number of groceries could be considered as well to contribute to health scores. She noted that following Health Rankings have been determined for Allegany county:

Health outcomes: 30 Health factors: 48

Theresa Moore discussed that social determinants of health; various social and economic factors can have an impact on these health scores as well. An areas income, resources, or influence can have an effect on the health ranking that they receive. She described that Health Impact Pyramid is something that they keep in mind with approaches to improve the health of a given area. As there are many factors that contribute to someone's overall health.

Moore noted that one way that the health community in each hospital addresses its community health concerns I via the use of Collaborative Health Improvement Plans. Local Hospitals and Health Department locations create these to address the concerns of the community. They are able to submit these plans jointly though; Allegany County Department of Health, Cuba Memorial Hospital and Jones Memorial Hospital submitted their plans together. She noted that chronic disease and mental health were found to be key concerns that were selected to be address for the Community Health Improvement Plan that was submitted for these three organization.

Moore noted the use of upstream ideas and move toward using more best practiced and evidenced based thinking have begun to be incorporated more in care that is being provided. Best Practice and Evidenced Based practice have been required to some extent, but organizations do have some flexibility/independence to best help people that are being provided care.

More information is provided in the following 2018 County Health Rankings Report for NYS: http://www.countyhealthrankings.org/sites/default/files/state/downloads/CHR2018 NY.pdf

After reviewing the presentation with Theresa Moore collectively Allegany county CPA/LTCC reviewed and submit one survey for Feedback to Inform Prevention Agenda 2019-2024. (A copy of the questions and answers that were submitted will be included with the meeting minutes.).

IV. Reports:

Dr. Gagne, Alfred University:

She provided an update on the survey (on the mental health needs of the elderly). She noted that the survey has been made available for use. It could be found on the following web page link: https://au-aging.com/ She noted that this provides the options for pickup and return that are available for paper surveys and also an electronic version is available from this web page.

She noted that Alfred University is also trying to increase intergenerational contact with possible events on campus for older adults which would include a meal at AIDE dining hall and a show put on by students at the Performing Art Center on Campus. She encouraged input for the pilot of this program going forward.

Bridges- Subcommittee update.

Lynnae reiterated that going forward Bridges will be held month and provide additional information to inform CPA on the progress of the goal to promote Communication between member organizations and also to the greater public community that CPA seeks to assist.

Also is was mentioned again that a web format has been incorporated for this on Ardent Solutions website that could be found through the following link: http://www.ardentnetwork.org/community-partnership-on-aging.html

Change in schedule for CPA was reiterated.

CPA will be held bi-monthly and the next meeting will be July 24^{th.} "Bridges" will take place each month, the next will be June 26th.

Round robin. The Round Robin for this meeting was abbreviated and organizations were able to provide materials on their programs, services, and upcoming events by the use of a table to display upcoming events.

Attached with the meeting minutes will be all program flyers or notices that were presented there.

V: <u>Next meeting(s)</u>: July, 24th from 9am to 10:30 at the Allegany Rehabilitation Associates. Bolivar Rd. Wellsville, NY.

VI: Adjournment:

Meetings adjourned at 11:00 am.