

# Allegany County Community Partnership on Aging Meeting Minutes

**Date:** Tuesday, April 24, 2018

**Time:** 9:00am – 11:00am

**Location:** Allegany Rehabilitation Associates

Bolivar Road, Wellsville, New York

**Minutes Prepared By:** Mike Freeland

**Members Present:** Lynn Oyer (ACOFA), Mike Freeland (Directions in Independent Living), Katie Badeau (Alzheimer's Association of WNY), Lynnae Loring (ACDSS), Anita Mattison (ACOFA), Melissa Biddle (Ardent Solutions, Inc.), Audrey Fitch (iCircle), Danielle Gagne (Alfred University), Sharon Houghtling (Ardent Solutions), Kelly Dickerson (ARA), Joann McAndrew (Total Senior Care), Kathy Bower (Houghton Rehabilitation and Nursing), Jennifer May (Houghton Rehabilitation and Nursing), Robert Maiden (Alfred University), Theresa Carl (Accord Corporation).

**Next meeting(s): July 24th, 2018 from 9:00 to 10:30 am at Allegany Rehabilitation Associates, Bolivar Rd. Wellsville, NY**

**The group decided CPA will be held every other month and bridges will be every month. This will take effect after May's CPA (the next CPA meeting after this would be July). See below in red for more information.**

**I. Call to Order** - Anita and Melissa at 9am provided an update on meeting agenda. They noted that the group going forward will be given an opportunity to look through the meeting minutes and approve them because the meeting minutes will be published online.

**II. Welcome and Introductions**

**III. Presenter:**

**Sue Ann Dunn- St. James Mercy Hospital. A Community Education informational sheet and additional information about Breast and Prostate cancer will be attached.**

Sue introduced herself and provided an overview of her program. She is Peer Educator and presented on Cancer, and in particular Breast and Prostate Cancer. She noted that although skin cancer is the most common type of cancer that people are diagnosed because is more readily identifiable it is often tried much sooner. Breast and Prostate cancer can be the most common for men and women that can have deadly consequences.

Sue provided an overview of key points to be aware of for men and women in regards to Breast Cancer and for men in regards to Prostate Cancer. This includes that many factors can influence a person's risk of developing cancer including: age, environment, race, ethnicity, exercise, obesity, and family history to name some of these factors.

Additional information will be included in the attachments.

The group discussed the availability of medical providers within the area that may be able to assist clients with cancer: Olean General, St. James, and Noyes for having known cancer services and treatment. Sue discussed the availability of 3D imaging, in particular with X-rays. She noted that they are available and could show a more complete image that could be examined for preventative screening. She noted that Medicare provides coverage

for screenings for both Breast and Prostate cancer, but individual plans will need to be called to determine if they provide coverage for 3D x-rays.

As an additional notice Sue and Anita noted that there is a change that will happen within Allegany county Department of Health. There is a five year grant application that Allegany County has chosen not to apply for this grant and it will affect the availability of Cancer Services. She noted that Steuben county was made aware of the availability of the grant and has decided to apply for to. They group discussed that funding is becoming more regional in bases which has effected program and service availability. This means for clients and professionals it would be important to remember that assistance may be available through Steuben county in the future for Cancer Services.

#### **Dr. Gagne and Dr. Maiden- Alfred University.**

Dr. Gagne noted that a final version of the survey has been completed and is available to access. It incorporates the suggestions that were discussed within prior CPA meetings. Copies of the survey were distributed to CPA for review. Dr. Maiden noted that the survey time frame will be one year and the drawings for \$250 will be held after the first 6 months, and second 6 months.

Dr. Gagne noted that Alfred University has changed their website so that it doesn't allow for editing by her. As this is the case an alternative website has been created that hosts the survey so that it will be available electronically: <https://au-aging.com/> There is an eSurveypro version of the survey available for participants to use and is 'live' on their website now. This version of the survey offers a save and continue later option so that participants will be able to start and stop the survey if needed.

The group discussed different means of dispersing and reclaiming paper surveys that get completed. This included postage/postal options that would allow for them to pay the cost of the returned surveys rather than paying in-mass for pre-paid postage for all those surveys distributed. Drop boxes were discussed as a possible option for obtaining the survey, a complete list of available drop boxes will be provided in the future.

Dr. Gagne noted that she intends to discuss the survey at The State Society on Aging of New York conference that is taking place this fall. More information about the conference is available at the following: <https://ssany.org/conference/>

#### **IV. Reports:**

**AAA- NY Connect and ILC NY Connects** - Anita noted that funding that is offered through the state to offer NY Connects services has been renewed to the Office for the Aging. There was questioning if this funding would be continued, but because it has been renewed Anita noted that the position that has been vacant will be filled so that a third person will be available at NY Connects within Allegany county.

#### **Lynn- ACOFA- ADCSI.**

Lynn noted that she has met most of her work plan goals to help caregivers of people with Alzheimer's or Dementia. This includes a goal to serve 46 Individuals un-duplicated. She noted that as of now: caregiver and family consultations are 62, In person consultations are 41, and phone consultations are 77.

She noted that she needs referrals for respite; there are 1820 hours' total offered in the year. She noted that some people have respite planned for later in the year, but there is availability to assist additional people with respite. Respite can be offered both in the home and within a nursing facility. This could be done through CDPAS, but

the caregivers need to be willing to become an employee of AIM ILC. as this is the program that they have partnered with. Lynn discussed the successes of the respite and assistance to caregivers.

- Lynn noted that she has assisted and facilitated to bridge people that are seeking assistance through Medicaid MLTC with Respite so that they are able to gain assistance until the MLTC is active.

The topic of discussing not only spousal caregivers, but adult children was discussed. The group noted that making employers aware of the available respite could provide help to working individuals that are caregivers and find it difficult to take time off from work to do things. The utilization of using an EAP was discussed as they could make people more aware of help that could be utilized.

Dr. Gagne asked if a student interns/internships in gerontology could be utilized to assist a family in regards respite or assistance for persons with dementia and Alzheimer's. This idea was possible, but would require more exploration on how it could be implemented. She noted that she would keep the group apprised of any additional information.

She noted that they help with safety assessments for people and families that need it. This often entail assisting families with an individual that is a wander risk. Lynn noted that she has assisted families in gaining assistive devices in these circumstance like: PERS, door alarms, etc. With PERS in particular this could be provided by the program for the individual with Alz. or dementia.

Lynn noted that the support groups offered are doing well and have had a good rate of both retention and attendance of members.

Lastly Lynn provided new referral forms to the group for those that may be interested in referring clients. This will be attached with meeting minutes.

#### **Bridges- Subcommittee update.**

Lynnae provided an update for the group to noted that Melissa had assisted in providing available space on the Ardent Solutions website for CPA. Melissa noted that the website has been updated and she has linked the respective organizations names to their websites so that people can go directly to a member organization website. Anita noted that the members list has been updated as well to reflect the organizations that were interested in participating in CPA. The web link is the following: <http://www.ardentnetwork.org/community-partnership-on-aging.html>

#### **Changing in schedule for CPA.**

- The group discussed if CPA would like to change the schedule going forward. It was discussed if the work group: "Bridges" could take place each month and change CPA to quarterly meeting. It was also discussed if the group wanted to hold CPA every other month.

#### **Agency update. –**

Anita noted that the Governor sent an email out in regards to the launch of a Long Term Care Planning Council. This has been made to address the growing aging population within NY state. (a copy of the email will be provided with the meeting minutes)

Two surveys will be offered to gain information on long term care needs: one for the LTCC members and another for the community at large.

### **Round robin.**

**Ardent Solutions-**Melissa noted they had no additional updates or information.

**Icircle-** Audrey noted that she has met with a person with from Care Coordination Organization: Prime Care. She noted that she is going to try to facilitate a presenter for CPA from Prime Care about the process going forward in the change from service coordination to care coordination.

**Accord-** Theresa noted they received a grant for home modification, specifically to add ramps to a home for home owners that need it. It is through there rapid rehousing program at Accord. This is the ACCESS to home grant for persons with Medicaid (information will be provided about the grant when available). Some of the criteria are as follows:

- Physically disabled or has substantial difficulty.
- Medicaid
- Permanent resident.
- 80% of area median income.

She noted that they are still accepting section 8 applications and are still offering rapid rehousing.

She noted that Head start/early head start- is available and has availability.

Theresa also provided information about Health Economics Group's: Dental Network Access Program that can help a person gain dental coverage (information will be provide with meeting minutes).

**Total Senior Care-** Joann noted that Home Care and Hospice is offering their hospice walk. This will be on 5/19 at 10am at St. Bonaventure University. She provided a registration brochure and signs (they will be sent with the meeting minutes). They are offering a vendor fair as well and ask that interested organizations contact them if interested.

**Houghton Rehabilitation and Nursing** –Kathy and Jennifer firstly announce the change in name of the organization from Absolut at Houghton.

They provided an overview of the services that are that are offered at the facility. They noted that next month in May is when National Nursing Home week takes place. They are offering several events and activities including: a pizza party, make your own banana split, a strawberry festival. A concert on the hill.

She noted that the senior ball was a success and they are planning another one.

Golden Olympics is planned for June in Olean at Good Times more information to be provided when available.

Lastly she noted that the Alzheimer's and Dementia walk changed name to the Southern Tier Walk to End Alzheimer's. This will be held on Sept. 29. They are seeking assistance with a planning committee for the walk. The walk is intended to be held at Allegany Fireman's park which is near St. Bonaventure in Olean.

**Directions in Independent living/NY Connects-** Mike noted that they are growing and adding staff to their existing rep payee service including a staff member for the Wellsville office. Also the addition of a community habilitation program is beginning (more information will be provided when available).

**ARA.** – Kelly noted that they had no additional updates or information.

**Alz. Association.** – Katie noted that they had no additional updates or information.

**ACDSS- APS-** Lynnae noted that they had no additional updates or information.

**OFA/NY Connects** – Anita noted that availability for two programs through HEAP have started. These include: HEAP cooling (providing access to an air conditioner for HEAP recipients that have a medical condition that is exacerbated by the heat- requires a doctors, NP, or PA note) and Clean & Tune (which can assist HEAP recipients gain help to clean and tune there heating equipment so that it operates safely and efficiently). Information about will be provided including important upcoming updates (with the meeting minutes).

She noted that the Senior forum's will be held on 5/17 at Houghton Wesleyan Church and 5/24 at the Wellsville American Legion (a flyer will be included with meeting minutes). She reiterated that because of the change in venues no vendor tables will be offered this year.

Ask a Lawyer program will be offered at the Office for the Aging. This will be with the assistance of Retired Judge Michael Nenno how will be offering consultations for 30min visits for free legal advice. 5/8 is the start date of this program and it will be offered to people 60yrs and older that need legal assistance.

Anita noted that the Senior Picnic is scheduled for 8/8 (with a rain date of 8/9) at the County Fairground in Angelica. Vendors and sponsors for this event are being offered. Sponsorship for the picnic is \$250 which provides a table for the event with seating and a BBQ Chicken meal for two attendees.

**V:**     **Next meeting(s):** 9:00am - 11:00 at the Allegany Rehabilitation Associates. Bolivar Rd. Wellsville, NY  
Tuesday, July 24, 2018  
Tuesday, September 25, 2018  
Tuesday, November 27, 2018

**VI:     Adjournment:**  
**Meeting adjourned at 11:00 am.**